

## **Hop, Skip and Jump**

(Words and Music by Mark Wesling)

Hop, skip and jump, just before we have lunch  
Then we'll run and play, all through the day  
We can't stand still, like a cat on a windowsill  
Or an owl on a branch, we have to run and dance

(Chorus)

Oh, how we love to play  
And run throughout the day  
From morning to night  
Till we rest and turn out the lights

Our parents know it's true, they were once in our shoes  
They still like to dance when they have a chance  
It's no big ordeal when we run like squirrels  
'Round trees and benches, jumping bushes, climbing fences

(C)

But when we get hungry, like a bee gets bumbly  
Mom rings the lunch bell, then we run and yell  
Then after our feast, when our parents expect it least  
We give them a big hug, then we jump like a bug

(C – two times)